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SPRING 2015 • WWW.TUALATINOREGON.GOV • 503.691.3061





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#### **Tualatin Public Library**

18878 SW Martinazzi Ave. 503.691.3074

Mon-Thu 10a-9p Fri-Sat 10a-6p Sun 1-6p

www.tualatinoregon.gov/library

#### **Juanita Pohl Center**

8513 SW Tualatin Rd. 503.691.3061

Mon-Fri 8a-5p

www.tualatinoregon.gov/recreation/ juanita-pohl-center

#### **Tualatin Heritage Center**

8700 SW Sweek Dr. 503.885.1926

Mon–Fri 10a-2p

www.tualatinhistoricalsociety.org

#### **Van Raden Community Center**

8535 SW Tualatin Rd. 503.691.3082

#### www.tualatinoregon.gov/recreation

\*The Van Raden Center is only open during scheduled programs

#### **HOW TO REGISTER**

#### Online:

Many classes are available for registration online at

www.tualatinoregon.gov/recreation Sign up for many of the Tualatin Public Library's programs at

www.tualatinoregon.gov/library

#### In Person:

Register for youth, teen, adult, and older adult programs and classes in person at the Juanita Pohl Center, 8513 SW Tualatin Rd. (inside Tualatin Community Park). Cash, check, Visa, and Mastercard are accepted.

#### **Cancellations**

Programs are subject to cancelation due to weather, low enrollment, or other reasons outside of our control. If you are enrolled in a program that cancels, you will be notified by telephone in advance and a full refund will be made.

#### Refunds

It is our policy to refund 100% of program fees if your withdrawal notice is given 7 or more days before the start date of the program. A 50% refund will be given if withdrawal notice is given less than 7 days before the start date of the program. Program fees are not refunded for withdrawals less than 24 hours before the start of the program.

#### **Special Accommodations**

If you have a disability or need an accommodation in order to participate in a program, please contact the facility in which the program is held.



2014 overall 1st place poster by Katie Corio

#### **Hoyt Arboretum & Redwood Trail Walking Trip**

#### Adults 50+

In honor of Arbor Week, we are heading to the Hoyt Arboretum in Washington Park. Participants will hike for 1 hour on the Redwood Trail. Fee includes transportation, parking and escort.

Fri. April 10 8:30a-11a \$9 resident/\$12 nonresident Juanita Pohl Center

#### Crafternoon!

#### **Grades K-3**

Enjoy a special Arbor Week themed craft project at the library. Kids in Kindergarten through 3rd grade will enjoy this free creative program.

Wed. April 1 4-5p Free, but please pre-register **Tualatin Library Community Room** www.tualatinoregon.gov/library

### **Arbor Day Tree Planting**

#### **All Ages**

Start your day with a 9:00am tree planting. Volunteer to help plant 1,200 native trees and shrubs in Tualatin Community Park. Tools, gloves, snacks and guidance are provided. Individuals, groups and families are all welcome. Even if you can't help plant trees that day, stop by and play "We All Need Trees." Naturalist Elaine Murphy and Tree Show Hosts will get you started on this life-sized board game all about trees.

Sat. April 11 9a-12p **Tualatin Community Park Trestle** Shelter, 8515 SW Tualatin Road www.tualatinoregon.com/volunteer

Contact: Jackie Konen at ikonen@ci.tualatin.or.us.

#### Arbor Week is April 5-11.

Help Celebrate Tualatin's Trees with one of these special events or activities!

There are lots of ways your family can celebrate Arbor Week together. Here are a few ideas:

- Plant a tree! It is an act of optimism and kindness, a labor of love, and a commitment to stewardship.
- Read a book about trees. Learn to identify trees in your yard and neighborhood.
- Enjoy the outdoors. Visit a local park or take a nature hike.
- Attend a class on tree and plant care.
- Volunteer with a local tree-planting organization. You'll meet new people and make a difference in your community.

#### **5th Grade Poster Contest**

Theme: "Trees are \_

**Submissions Deadline: March 4** 

All Tualatin 5th graders are invited to participate in the City of Tualatin's annual Arbor Day Poster Contest by creating a poster with the theme "Trees are ". The artist can fill in the

blank and create the poster to reflect their theme.

One 1st, 2nd and 3rd place winner from each school and one city wide 1st, 2nd and 3rd place winner will be chosen. The 1st, 2nd, and 3rd place winner from each school will receive a ribbon and their poster will be displayed at the Tualatin Public Library during Arbor Week, April 5-11.

The 1st, 2nd and 3rd place city wide winners will:

- Be invited to the March 23 City Council meeting to be recognized
- Their poster will be framed
- They will receive a ribbon, an Arbor Week water bottle, and message bracelet
- Their poster displayed at the Tualatin Public Library during Arbor Week, April 5-11.

Every student that submits a poster will receive a "Tualatin, Oregon 25th Tree City USA" bracelet and participation ribbon!

Poster contest entry forms and rules will be delivered to the schools to be distributed. Entry submission deadline is Thursday, March 5. Winners will be announced on Thursday, March 4. For more information regarding contest rules visit our website at

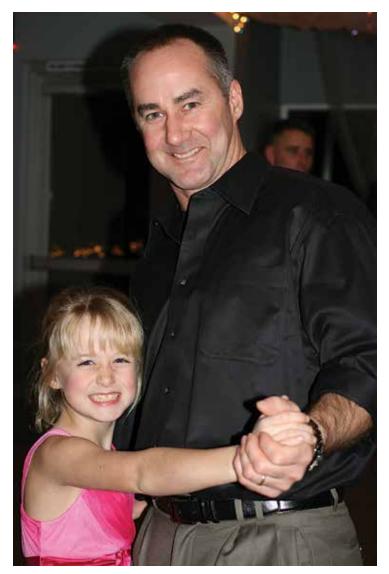
www.tualatinoregon.gov/recreation

#### **Arbor Week Photo Contest**

Theme: "Tualatin Trees" **Submission Deadline: March 4** 

Submit a photo taken of a tree or stand of trees in Tualatin for a chance to win! The winning photo gets \$50 cash plus a \$50 gift card to a local restaurant to be determined by the City of Tualatin. The winning photograph will be posted to the City of Tualatin website and displayed at the Tualatin Public Library during Arbor Week, April 5-11.

www.tualatinoregon.gov/recreation Contact: Heidi Marx, hmarx@ci.tualatin.or.us.





#### Vine2Wine

#### Ages 21+

Tickets includes wine tastings, foods prepared by Dalton's catering, music, and a complementary Riedel wine glass. Tickets for this years' event are limited, early tickets purchases are encouraged through the Foundation website; **www. tualatinlibraryfoundation.org**. Tualatin Library Foundation will raffle 20 tickets for an exclusive evening of music, wine and food at the home of renowned recording artist, Aaron Meyer.

7p-9:30p

Sat. April 18

Tickets: \$40

**Tualatin Public Library** 

#### **Snow Ball Daddy Daughter Dance**

### Ages three and up

Last Chance to register!

Dads, treat your daughters to a special night out! Dance the night away and enjoy fancy desserts, sparkling decorations, and a souvenir keepsake photo. Pre-registration is required at tualatinoregon.gov/recreation. Register early, as space is limited to the first 50 couples.

Fri. February 20 6:30-8:30p \$30 per couple, \$10 each additional daughter Juanita Pohl Center



#### STAY CONNECTED

facebook.com/Tualatin.OR



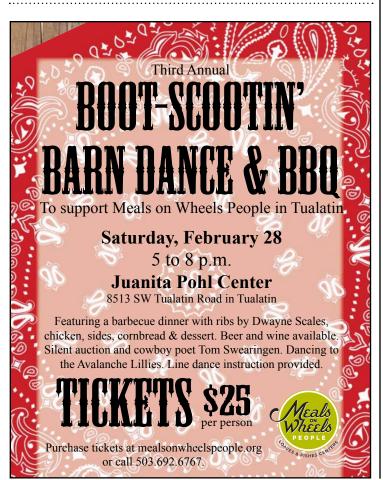
twitter.com/CityofTualatin



#### If I Were Mayor...Contest

Mayor Lou Ogden, along with the Oregon Mayors Association, invites Tualatin students in grades 4-12 to participate in the annual contest! Students can share their creative and inspirational ideas about what they would do as mayor. One winner from each category will win a \$50 prize!

Submission Deadline: Fri. April 24 5p www.tualatinoregon.gov/recreation



#### **BECOME A SPONSOR!**

Many of our programs and events would not be possible without the generosity of our local businesses. Increase customer loyalty, enhance your corporate image, and connect with your community by sponsoring a program or event. To learn more about how to become a sponsor, please contact Julie Ludemann at 503.691.3082 or jludemann@ci.tualatin.or.us.

### Sponsorships packages are available for many events, including:

West Coast Giant Pumpkin Regatta
Tualatin TRYathlon
Starry Nights and Holiday Lights
Juanita Pohl Center programs
Tualatin Public Library programs
Tualatin Youth Advisory Council's Project FRIENDS









### **503.691.3082** www.tualatinoregon.gov/recreation

#### **SUMMER IS COMING!**

#### Registration for all summer camps opens March 1.

New for 2015 – we're adding a half-day camp for 4-5 year olds. With games, crafts, plenty of outdoor time, and themed activities, this summer will be our best yet! Kids will meet new friends, try new activities, and develop self-awareness in an encouraging and fun environment. Better yet, our camps are priced right, and scholarships are available for qualifying families. Summer will be here before you know it, and last year many camps filled up early. Visit www.tualatinoregon.gov/recreation/summer-camps for more information.

#### New! Seekers Camp Ages 4 to 5

Seekers Camp is the perfect first-time day camp experience! Kids will enjoy an enriching camp environment with an emphasis on creative and sensory play. Each day will include simple crafts, outdoor games, songs, themed activities, nature exploration, supervised free play time, and a snack. Please bring a sack lunch and water bottle each day. Before-camp care is available from 8:00am to 9:00pm for an additional \$5 per day.

Mon.-Fri. 9a-12p Van Raden Community Center \$45 resident/\$56 nonresident

Session 1: July 13-17 Pirate Week

Session 2: July 20-24 Time Travelers

Session 3: July 27-31 Animal Adventures

Session 4: August 3-7
Ooey, Gooey, Wet & Wild

Session 5: August 10-14 Superheroes

Session 6: August 17-21
Around the World

#### **Explorers Camp**

#### **Entering 1st through 3rd grade**

Explorers Camp is the perfect day camp experience for kids entering first through third grades. Kids will enjoy an enriching camp environment with an emphasis on creative and sensory play. Each day will include fun process-oriented crafts, outdoor games, songs, themed activities, nature exploration, supervised free play time, and a snack. Each week will also include a walk to the Tualatin Commons to splash in the fountain, weather permitting. Please bring a sack lunch and water bottle each day. Before and after-camp care is available from 8:00am to 10:00am and 4:00pm to 5:30pm for an additional \$20 per day.

Mon.-Fri. 10a-3:30p Van Raden Community Center \$90 per week residents/\$112 nonresidents

Session 1: July 13-17 Spy School

Session 2: July 20-24 Adventureland

Session 3: July 27-31
Animal Planet

Session 4: August 3-7 Ooey, Gooey, Wet & Wild

Session 5: August 10-14 Treasure Hunter Jr.

Session 6: August 17-21 Superhero Academy



#### **Voyagers Camp**

#### **Entering 4th and 5th grades**

Are you ready to take camp to the next level? Voyagers camp is created just for kids entering 4<sup>th</sup> and 5<sup>th</sup> grades. In addition to weekly camp themed crafts, games, and activities, Voyagers will enjoy a weekly field trip. **Register early, this camp is limited to 13 participants per session.** 

Mon.-Fri. 10a-3:30p Van Raden Community Center \$110 per week resident/\$135 non-resident

**Session 1: Secret Agent Academy** 

July 13-17

Friday Field Trip: OMSI

Session 2: MACh 1 (Multi-Adventure Challenge Week)

July 20-24

Friday Field Trip: Paintball

Session 3: It's a Jungle Out There

July 27-31

Friday Field Trip: Evergreen Wings & Waves

Session 4: Ooey, Gooey, Wet & Wild

August 3-7

Friday Field Trip: Canoeing the Tualatin River

**Session 5: Treasure Hunters** 

August 10-14

Friday Field Trip: North Clackamas Aquatic Center

Session 6: Tualatin's Amazing Race

August 17-21

**Friday Field Trip: Tree to Tree Adventure Park** 

### Red Cross Babysitter Training Ages 11-17

Impress the parents you babysit for with the proper credentials! The Red Cross Babysitter Training Course can help you care for children and infants, make good decisions, keep the children you babysit safe, handle emergencies such as injuries and illness, write resumes and apply for jobs, and much more! Bring a sack lunch.

Thu. March 12 10a-4:45p Van Raden Community Center \$75 resident/\$94 nonresident

#### If I Were Mayor...Contest

Mayor Lou Ogden, along with the Oregon Mayors Association, invite Tualatin students in grades 4-12 to participate in the annual contest! Students can share their creative and inspirational ideas about what they would do as mayor. One winner from each category will win a \$50 prize! All entries must be submitted to the Tualatin Public Library by 5:00pm on Friday, April 24th. Check the website www. tualatinoregon.gov/recreation for entry forms and details.

#### **Teen Adventure Camps**

#### Grades 6 to 12

Swim, bike, climb, raft, surf, and play your way through the summer! This camp is for the adventurous teen who wants to get out and explore. Each session runs Tuesday – Thursday. For updates, detailed camp descriptions, and to register, please visit

www.tualatinoregon.gov/recreation/summer-camps.

Tue.-Thu. 9a-4:30p
June 23-August 20
Van Raden Community Center
\$110 resident/\$135 nonresident





#### Willowbrook Arts Camp

Willowbrook Summer Arts Program is celebrating its 34th season in Tualatin providing hands-on art experiences for young people ages 3-18. Children choose from many offerings daily, including theater, dance, music, fine arts & crafts, photography, nature and much more. No previous experience is necessary.

Willowbrook operates at Brown's Ferry Park, 5855 SW Nyberg Lane. June 29-August 7.
Attendance time is flexible.
For session dates, costs, registration, and other information go to www.willowbrookartscamp.org

#### VOLUNTEER

503.691.3087 www.tualatinoregon.gov/volunteer

#### **Put Down Roots in Tualatin**

By putting down roots in Tualatin, you can...

• Get dirty • Breathe fresh air • Meet new people • Get a sense of achievement • Impact our environment

#### All events are 9a-noon

Wear sturdy closed-toe shoes or boots and dress for the weather. Tools, gloves, snacks and guidance are provided.

#### Sat. March 14, 2015

In partnership with Guy Miller Tree Planting Atfalati Park, 6600 SW Sagert Street Plant and mulch

#### Sat. April 18, 2015

Earth Day Ibach Park, 10455 SW Ibach Street Mulch new plantings

#### **TEAM Tualatin, Summer Teen Volunteer Program:**

#### **TEAM Tualatin: Together Everyone Achieves More** in Tualatin

Like the great outdoors? Want to improve Tualatin's urban forests and greenways? Want to make a BIG impact in a week? Then consider spending one week as a TEAM volunteer. Each team



is comprised of seven to 10 youth who meet Monday-Friday from 9:00 am-3:00 pm at Tualatin Community Park. TEAM works with Park Maintenance and Operation Crews. Tasks include; watering and mulching plants, planting a garden, painting fire hydrants, washing city cars and trucks, taking care of parks, and participating in Art Splash and Crawfish Festival organization. TEAM Leader,

Andrew Bonica returns this year with new challenges and games.

Applications are accepted April 15 through June 1 on the City's volunteer website. Applications will be reviewed and candidates will be contacted for an interview. This program is limited to 70 volunteers, so apply early.

For more information contact Jackie Konen at 503.691.3087.

#### **VOLUNTEER AT THE** TUALATIN LIBRARY

503.691.3070 www.tualatinoregon.gov/library



#### Me and My Family

#### Families with children ages 3-12

Join us at the Tualatin Public Library for Me & My Family, a Spanish/English volunteer opportunity. Activities will include simple sprucing up tasks such as dust bunny hunting (dusting) and cleaning board books. We will enjoy a story time while we have a snack, then we will do a fun craft.

No prior library training is required. Wear comfortable clothing. Volunteers must be between the ages of 3 and 12 and be accompanied by a parent or adult chaperone. Please only sign up for this project if you are an adult volunteering with a child. Hurry, there are only 30 slots the lobby. Register online. available and you must reserve slots for all who will attend! Register online.

2<sup>nd</sup> Saturday of each month 6-7:30p

#### **Spruce Up The Library!**

Library volunteers play an important role as partners in the Library's purpose of connecting people to the world of ideas and information. Spruce Up Tualatin Library events are a family-friendly way for you and your family to get involved in your Library. Event volunteers help by ridding the Library of dust-bunnies, shelving books and movies, and make the Library shine before it opens to our patrons. We have fun, make new friends, and usually enjoy a snack or two!

Wear comfortable clothing and register for ONE or MANY events and meet us in

**Upcoming Events:** March 20, April 18, May 17

#### **TUALATIN PUBLIC LIBRARY**

18878 SW Martinazzi Ave. 503.691.3074 www.tualatinoregon.gov/library



#### Crafternoon!

#### **Grades K-3**

What could be better that getting crafty at the library? Kids in Kindergarten through 3<sup>rd</sup> grade will enjoy this free creative program. Pre-register

www.tualatinoregon.gov/library Wed. March 4, April 1, May 6 4-5p Community Room Free

### Teen Mini-Maker Faire Grades 6-12

Celebrate "Libraries are for Making" during Teen Tech Week March 8-14, 2015. We'll take learning beyond the classroom to explore, create, and spark the imaginations of tech-curious teens. Register to create toothbrush robots, LED projects, and more!

Thu. March 12 4-6p Community Room Free

#### **Lego Club**

#### Grades 2-6

Come get creative with LEGOs! A master builder will show kids how to make amazing LEGO creations. We'll have all the LEGOs on hand for kids to participate, so no need to bring your own. Each month will feature a new LEGO challenge. Pre-register

www.tualatinoregon.gov/library
Sat. March 21, April 25 3-4:30p
Community Room
Free

#### Mind Set for Self Defense Ages 16+

Join Mike Stradley for a two hour self defense seminar to explore safety strategies at work, with your family, and when you travel. Mike has been a police officer for over 31 years; currently working for the West Linn PD. Mike says "I firmly believe being prepared mentally can make all the difference in an emergency situation. Mental preparation is more important than physical preparation. Without question being mentally prepared saved my life more than once."

Tue. March 17 6:30-8:30p Community Room Free



### Music with Marian Call

Marian Call loves making music for you. Her songs are quirky, geeky, eclectic acoustic confections that taste like vanilla-cinnamon-chipotle something. She sounds a little like Joni Mitchell meets They Might Be Giants meets Regina Spektor.

Sun March 22 2p At the Hearth Free



#### **DID YOU KNOW:**

Did you know you can make a one on one appointment with one of our talented Tech Tutor volunteers? They can help you with figuring out how to download ebooks, learn how to Skype, figure out your new phone, and more! Call the library today to make an appointment. Best part, it's free!

#### **Animanga**

#### Grades 6-12

Are you a mangamaniac? Animaniac? Then Animanga is the place for you! Join us and talk about manga you are reading and anime you are watching. Eat Asian snacks and play Twister!

Wed. March 25, April 22, May 27 4-6p Library Community Room Free

#### **Teen Tolkien Fest**

#### Grades 6-12

Dust off your wizard hat! Brush up your furry feet! All things Hobbit! Games, trivia, snacks, and movies. Join us in the Teen Room for a day of hobbit-fun. Costumes? Yes!!!

Fri. March 27, 2-8:30p (includes Movie Night) Teen Room Free

#### Citizenship

#### Ages 18+

Volunteers from Mission:Citizen will offer a free citizenship course that will cover U.S. history, the structure of government, civil rights, and basic civic concepts. No registration is required.

Mon. March 30-May 18, 6-7:30p Library Community Room Free

### Day of the Children/Day of the Books

#### All Ages

Come enjoy music, activities, and refreshments with the whole family.

Sat. May 2 2-4p Library Community Room

#### Día de los Niños/Día de los Libros

Únase a nosotros para disfrutar de música, manualidades y refrescos con toda su familia.

Sábado, el 2 de mayo, 2-4p Biblioteca Pública de Tualatin Gratis

#### **APRIL IS NATIONAL POETRY MONTH**

#### **Celebrate in the Library Teen Room**

Throughout the month of April, teens are invited to create their own haiku poetry pieces for our bulletin board and poetry contest. Teens can enter the contest to win gift cards for local area businesses.



#### Cowboy Poetry All Ages

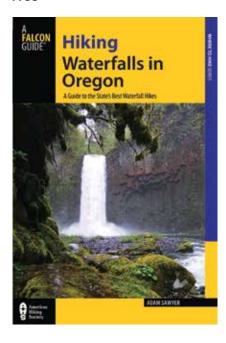
Tom Swearingen of Tualatin, Oregon is a popular performer at cowboy gatherings, horse camps, rodeos, and wherever else you find folks who live and appreciate cowboy life and western heritage. Tom's original cowboy poetry is often based on his own experiences and observations, many of which occur on horseback.

Sun. April 19, 3p Library Hearth Area

#### Hiking Waterfalls in Oregon Ages 16+

Adam Sawyer is an outdoor and travel writer, photographer, and published guidebook author based out of Portland. In addition to "Hiking Waterfalls in Oregon", he is the author of the forthcoming "Best Adventures Near Portland," and the co-author of "Hiking Waterfalls in Washington".

Wed. May 13 7p Library Community Room Free



### Storytime Alphabet Party

Ages 2-6

Everyone is invited for all kinds of fun, from A to Z! Play alphabet hide and seek, solve an uppercase/lowercase matching game, enjoy alphabet snacks, and so much more.

Thu. May 21 1:30-2:30p Library Community Room Free

#### Assassination at the Superhero Convention Grades 6-12

The superheroes of the Justice Confederation received their summons to the Annual Superhero Assembly with the primary discussion topic being apprehending the notorious villain Da Bomb. Da Bomb was assembling an army of robotic bombs to take over the world. They must devise a strategy to stop Da Bomb and fast! Sign-up for your superhero online at www.tualatinoregon.gov/library! Come in costume and be prepared for

shenanigans and high jinks. **Fri. May 22 6-8:30p** 



The Washington County Cooperative Library Services (WCCLS) hosts its 11th Annual Storytelling Festival — Art of the Story April 11 - 18. The week-long storytelling extravaganza features seventeen storytelling performances throughout the County. Two of the performances will be held in Tualatin, April 12 with Chetter Galloway and April 16 featuring Kuniko Yamamoto.

The festival wraps up on Saturday, April 18 with a full slate of activities. Judith Black begins the morning with a Storytelling Workshop at the Oregon College of Art & Craft (OCAC). Followed directly by a community-wide Story Swap hosted by the Portland Storytellers' Guild. Galloway rounds out the afternoon with a show at the Aloha Library.

On the evening of the 18th the Sherwood Library hosts the final storytelling concert, at the new Sherwood Community Cultural Arts Center, featuring performances by all five storytellers. A reception precedes the concert offering a no-host bar with complimentary hors d'oeuvres.

The WCCLS festival is supported in part by grants from the Regional Arts and Culture Council, Umpqua Bank, each of the local Friends of the WCCLS member libraries hosting a festival event, Recology, and the Portland Storytellers' Guild. Generous in-kind services provided by Pamplin MediaGroup, Sherwood Library Friends, Courtyard by Marriott, the Sherwood Community Cultural Arts Center and the Glenn and Viola Walters Cultural Arts Center.

# **April 11 - 18**

Life, legends, history & folktales come alive through the magic of storytelling.

Admission is Free.

All programs are designed for adults & children age 6+, unless otherwise noted.

### **Featuring Professional Storytellers:**



### Each storyteller will present a unique performance for each venue.

(For program titles and descriptions visit the festival web page: wccls.org/festival)

#### Saturday, April 11

Beaverton Library: 7 – 8:30 p.m.

Story Slam Contest: Festival Kick-off (Adult program)

#### Sunday, April 12

Tualatin Library: 2 p.m.

Chetter Galloway

(at Tualatin Heritage Center, 8700 SW Sweek Dr, Tualatin 97062)

#### **Monday, April 13**

West Slope Library: 6:30 p.m.

**Brody Theater** 

(at Raleigh Park Elementary School, 3670 SW 78th Ave, Portland 97225)

#### Tuesday, April 14

Walters Cultural Arts Center – Hillsboro: 7 p.m.

Brody Theater (Adult program) (at 527 East Main St, Hillsboro 97123)

#### Wednesday, April 15

Banks Library: 7 p.m.

Kuniko Yamamoto

Forest Grove Library: 7 p.m.

Judith Black (Adult program)

Hillsboro Library – Main: 7 p.m.

Sam Payne (Adult program)

#### Thursday, April 16

Garden Home Library: 7 p.m.

Judith Black (Adult program)

Tualatin Library: 7 p.m.

Kuniko Yamamoto (Adult program)

#### Friday, April 17

Hillsboro Library – Shute Park: 2:30 p.m.

Judith Black

#### North Plains Library: 7 p.m.

Sam Payne (Adult program)

(at Pumpkin Ridge Golf Club, 12930 NW Old Pumpkin Ridge Rd,

North Plains 97133)

Cedar Mill Library: 7 p.m.

Kuniko Yamamoto

#### Saturday, April 18

Aloha Library: 1 p.m.

Chetter Galloway

(at 17455 SW Farmington Rd, Suite 25B, Aloha 97124)

Oregon College of Art & Craft: 11 a.m. – 1 p.m.

(at 8245 SW Barnes Rd, Portland 97225)

Storytelling Workshop presented by Judith Black (For adults & ages 10+)

#### Oregon College of Art & Craft: 1 – 2 p.m.

Story Swap with Portland Storytellers' Guild

An opportunity for members of the public to tell a 5 minute story. Designed for both beginners to seasoned tellers interested in testing out new material. Meet and mingle with members of the local storytellers' guild.

**Sherwood Library: 6:30 – 9:30** (Adult program)

(at Sherwood Community Cultural Arts Center, 22832 SW Washington St, Sherwood 97140)

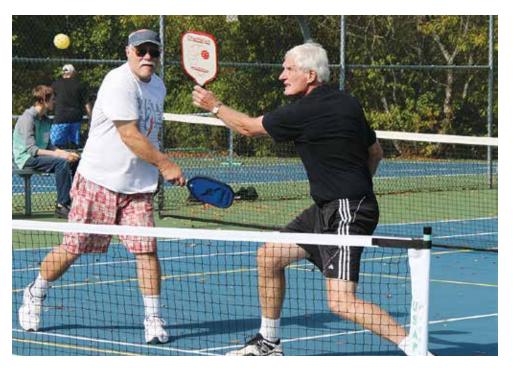
Storytelling Reception & Finale Concert featuring:

- Brody Theater
- Chetter Galloway
- Sam Payne
- Kuniko Yamamoto
- Judith Black

### **Tualatin Events**

SUNDAY APRIL 12 | 2 P.M. Chetter Galloway

THURSDAY
APRIL 16 | 7 P.M.
Kuniko Yamamoto
(Adult program)



#### JUANITA POHL CENTER

Active Older Adult Center
8513 SW Tualatin Road
(Inside Tualatin Community Park)
Open Mon-Fri 8a-5p
Program information: 503.691.3061
Open Saturday-Sunday Rentals Only
Holiday Closure:
May 25 Memorial Day

#### **Emergency Information Form**

We encourage all participants to complete an emergency information form which provides us valuable information in the case of an emergency. Please inquire at the front desk.

#### Welcome!

The Juanita Pohl Center is the place for Tualatin's active older adults to exercise, recreate, and socialize. Every month there are a wide variety of programs offered that can get you moving, keep you connected, foster your interests, express your creativity, teach you new skills, make you laugh, help you enjoy old and new friendships, and keep you vibrant.

# INFORMATIONAL & REFERRAL

#### Meals on Wheels

The Pohl Center, through the Meals on Wheels People, offers hot, nutritious meals for anyone age 60 & older Monday through Friday. Lunch service begins at 11:45 a.m. Meals on Wheels service is also available for homebound seniors. For more information, contact Andrea Giaier at 503.692.6767

Mon-Fri 11:45a

#### **Legal Advice Program**

The Senior Law Project (SLP) is a volunteer lawyer program that is operated by Legal Aid Services of Oregon. Receive a free 30-minute consultation with a volunteer attorney. By appointment only. Confidential. Please call 503.691.3061 to RSVP.

2<sup>nd</sup> Friday of each month 9a, 9:30a, 10a, 10:30a, 11a, 11:30a

#### **AARP Tax Services @ JPC**

AARP volunteers offer help filing taxes at the Juanita Pohl Center. This service is provided for low and middle income tax payers and the elderly. Appointments run from February through April on Thursdays thru April 9<sup>th</sup>. Appointments can be made in person or over the phone at (503) 691-3061. A list of items needed will be provided when the appointment is made. Non-English speaking individuals must provide their own interpreter.

Appointments available Thursdays through April 9th

#### **AARP Driver Safety Class**

This 6-hour classroom course is designed to meet the needs of older drivers. Payment is due to the instructor at the time of the class. RSVP by calling 503.691.3061

Wed. April 22, 8:30a-3:30p \$15 AARP members or \$20 for non-members

#### **Alzheimer Support Group**

Spouses, caregivers, family and friends of persons suffering from Alzheimer's Disease and related dementia meet monthly to share resources, experiences, ideas, and educational information. For more information, visit the Alzheimer's Association at

www.alz.org 1st Tuesday of the month 11:30a-12:30p or 1-2:30p

# VIEWS (Volunteers Involved in the Emotional Wellbeing of Seniors)

VIEWS Conversations on Aging bring people together for discussion on topics that are of special interest as we age. Each Conversation provides an opportunity to discover the value of the give-and-take of community.

#### **Bridging Life Transitions**

Everyone's life includes transitions. Explore ways to cope with change using a lifetime of strengths and learned skills.

Wed. April 8 FREE

10:30a-noon

#### **Engaging with Adult Children**

Relationships with children change as we age. Examine current problems and foster greater understanding between generations.

Wed. May 13 FREE

10:30a-noon

#### **Heart to Heart**

We all have concerns about end-of-life care. Our conversation will explore some of the life questions that may come up.

Wed. June 10 FREE

10:30a-noon

#### **SPECIAL EVENTS**

#### Customer Appreciation Day Performance by Oregon Old Time Fiddlers

Enjoy some of your favorite fiddling tunes performed by some of the best fiddlers in the area. Enjoy a delicious meal by Meals on Meals People. A few fun prizes will be raffled off during the event!

Fri. April 17 FREE noon-1:30p

# National Senior Health & Fitness Day

The Juanita Pohl Center is celebrating National Senior Health & Fitness Day by offering FREE cooking and class demos all day long. Fun raffle prizes will be given away during the day as well!

Wed. May 27 FREE

10a-4p

#### **HEALTH & FITNESS**

#### Silver and Fit®

The Juanita Pohl Center currently participates in American Specialty Health Networks, Inc. (ASH Networks) insurance reimbursement programs. We are able to provide the Silver and Fit Basic and Fitness Coach programs.

The Silver & Fit Basic Program includes a standard membership with zero enrollment fees and membership dues.

 Currently, Silver & Fit® members are eligible to participate in the following programs held at the Juanita Pohl Center: SilverSneaker® Classic, Silver-Sneaker® Circuit, Tai Chi: Moving for Better Balance and Chair Yoga

### **Group Exercise Program Punch Card**

Participate in a variety of group exercise classes by purchasing a punch card. The punch card allows you the flexibility to attend the classes that best suit your schedule. These punch cards are only valid for select fitness classes. Available in 5, 10, or 20 visit denominations, purchase at the Center. Look for the programs with the \* after the title to save money with a punch card!

#### **Guidelines for Punch Card Classes:**

You must present your punch card for validation each time you attend the class. Lost or stolen cards cannot be replaced. Cards are non-refundable or transferable. City of Tualatin reserves the right to remove any class from the schedule with consistently low attendance. Punch passes expire within 6 months of date of initial purchase.

Types of Passes	Fees
5 Class Punch Pass	\$10
10 Class Punch Pass	\$18 (one free class)
20 Class Punch Pass	\$36 (two free classes)

#### SilverSneakers® Classic\*

Have fun and move to the music through a variety of exercises designed

to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a SilverSneakersâ ball are offered for resistance. A chair is available if needed for seated or standing support. SilverSneakers® is a registered trademark of Healthways, Inc. Punch Card Class.

Mon./Wed. 10a-10:50a

#### SilverSneakers® Circuit\*

Combine fun with fitness to increase your cardiovascular and muscular endurance with a standing circuit workout. Upperbody strength work with hand-held weights, elastic tubing with handles, and a SilverSneakers® ball is alternated with low-impact aerobic choreography. A chair is used for standing support, stretching and relaxation exercises. SilverSneakers® is a registered trademark of Healthways, Inc. Punch Card Class.

Tue./Thu. 1p-2p

#### Chair Yoga\*

Movement in the chair maximizes balance and stretch, improves strength, and increases flexibility. Learn poses that are appropriate for use at your desk, when travelling, or in a wheelchair. Punch Card Class.

Mon./Wed. 11a-noon

### Tai Chi: Moving for Better Balance\*

Learn and practice a series of simple, slow, and rhythmical movements to improve balance, strength, and reduce the risk of falling. Especially helpful for individuals with a history of falls, weakness in leg muscles, or difficulty walking. Punch Card Class.

Tue./Thu. 2-3p

#### **Gentle Yoga**

This class will focus on flexibility, strengthening, and balance without pain. Modifications are offered for those with special needs. The class is designed to minimize common problems associated with aging.

Mon. March 30-June 8 8:30a-9:45a \$55 resident/\$69 nonresident



#### Rosen Method Movement/ Move with Joy

Come experience joy through music, movement and community. Create spaciousness and ease in your joints, engage your core, and improve your balance. Benefits include improvement in alignment, balance and coordination.

Fri. noon-1p \$6 drop-in fee

#### **Yoga for Veterans**

### Sponsored by Barhyte Specialty Foods, Inc.

A program for Veterans to come together and learn gentle stretches to ease suffering from combat and post traumatic stress. Participants will be guided to move and breathe to heal the whole warrior. Taught by a Young Warrior Certified Instructor.

Sat. 10:15-11:15a FREE for all Veterans

#### **Walk With Ease**

If you have arthritis or another condition that limits your ease of movement, please join us for this 9-week program designed by the Arthritis Foundation. The program includes education, stretching, and walking at an individualized, comfortable pace. We'll work toward decreasing pain, stiffness, and fatigue, as well as focusing on balance and strength, so that you'll be able to continue walking safely and comfortably.

Tue./Thu. May 5-July 2 10:30 -11:30a FREE

#### **Massage Service**

Make your appointment today by calling 503.691.3061. Fee is due at the time of service.

1st and 3rd Thursday each month \$24 for 30 minutes \$48 for 60 minutes \$72 for 90 minutes \$10 for 15 minute Chair Massage

#### **Foot Care Service**

Receive a 30 minute foot care evaluation and nail trim. Participants must bring a basin and two towels. Service is provided on the 1st Wednesday and 2nd and 4th Monday of every month. Call 503.691.3061 for more information.

#### **DANCE**

#### Line Dance (drop-in)

Join other dancers and learn some fun Line Dances or just come for the great exercise. You never need a partner but you can bring all your friends and have some fun! Instructor Michael Harris

Fri. 7-9p Punch Pass Options: 5 for \$25; 10 for \$50, 20 for \$100

#### Hula Dance for 55 & Better

Immerse yourself in Hawaiian culture through language, history and songs as you learn the graceful art of hula dancing.

Fri. March 20-April 17 *or*May 1-May 29 11a-Noon
\$31 Resident/\$38 Nonresident

#### **Folk Dance**

Have fun exercising while exploring the world of Folk Dance. Improve coordination through learning easy dances and moving to music of other cultures, and at the same time, building community.

Wed. April 1 to April 29
5-6p (Ages 7-11)
6-7p (Intergenerational-Ages 12 & up)
\$31 Resident/\$38 Nonresident

#### **INTERGENERATIONAL**

# The Safe On My Own (When I'm In Charge) Training

#### Ages 8-11

Prepare children for situations that may occur when they are home alone. This course teaches kids about personal safety and develops independent, critical thinking techniques. Taught by American Red Cross staff.

Sat. April 4 9:30a-noon \$58 Resident/\$73 Nonresident

### Adult First Aid/CPR/AED Certification

#### Ages 14 & Older

This program helps participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. Learn how to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. Taught by American Red Cross certified staff. Receive 2 year certification upon completion of course.

Sat. April 25, 9a-2p \$104 Resident/\$130 Nonresident

#### **First Aid Class**

#### Ages 12 & Older

This program helps participants recognize and respond appropriately to first aid emergencies. Learn how to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. Taught by American Red Cross certified staff. Receive 2 year certification upon completion of course.

Sat. May 16, 9-noon \$81 Resident/\$102 nonresident

#### Stained Glass Stepping Stones Ages 14 & Older

Cement stepping stones with colorful glass designs molded into the surface... get an introduction into the basics of stained glass while creating your very own beautiful piece of garden art. Pattern choices available. All tools and materials provided.

Sat. April 4 2-5p \$58 resident/\$73 nonresident Roses Glassworks Art Glass School (10105 SW Hall Blvd)

WWW.TUALATINOREGON.GOV

#### Beginning Glass Fusing Ages 14 & Older

In this 2 day course, you will learn the exciting "art" of fusing, otherwise known as "warm" glass. Intensive class instructions, but plenty of time to play and create your own glass objects from coasters to plates to jewelry and more! All tools and materials included.

Sat. May 2, 10a-4p and Sat. May 3, 10a-2p

\$259 resident/\$324 nonresident

# TUESDAY NIGHT COOKING SERIES

#### **Pasta Night**

#### Ages 18 & Older

Learn some great tips and cook up a delicious pasta dish with Chef Jean. Classes are hands-on, giving participants an opportunity to assist preparing the food, and are followed by a brief discussion and tasting period.

Tue. March 10 6-7:30p \$5

#### Have Breakfast for Dinner Ages 18 & Older

Frittatas and omelets for dinner! This class will put a spin on some early morning classics. Enjoy some fresh herbs, seasonings and learn to cook with good fat with Chef Jean. Classes are hands-on, giving participants an opportunity to assist preparing the food, and are followed by a brief discussion and tasting period.

Tue. April 14, 6-7:30p \$5

# Thursday Night Food For Life Cooking Series

Ages 18 & Older

Learn how to use whole grains, beans, peas, vegetables and fruits to provide nutritious, great-tasting meals at affordable prices, while working to reverse or prevent type 2 diabetes and lower weight, blood pressure and cholesterol. The classes are hands-on, and are followed by a brief discussion and tasting period. All Thursday classes are taught by Chef Marc.

6:30-8:00p \$5 per session

# Pinon Chile Beans with Butternut Squash Soup

Thu. March 12

# **Quinoa Loaf with Spring Vegetables**

Thu. April 9

### Green Chile Enchilada Lasagna with Fresh Salsa

Thu. May 14

#### **SOCIAL ACTIVITIES**

#### **Tualatin Pickleball Club**

Drop-in times are scheduled at various local parks. Check out the schedule online at **www.tualatinoregon.gov/recreation/drop-activities** for more information. Equipment can be checked out from the center Monday-Friday 9:00am to 4:00pm during non-scheduled drop-in times.

# **Tuesday Night Social for 55 & Better**

Play cards, pool or just socialize with new and old friends alike! **Tue. (ongoing), 6-9p** 

#### **Friday Friendly Bingo**

Join us for a few games of friendly bingo. Prizes will be awarded.

Fri. (ongoing), 10-11:30a \$1

#### Pool

The center has (3) pool tables that are available for drop-in play Monday-Friday 8:00am to 5:00pm for adults who would like to come in and play a fun game.

FREE

# ACTIVE OLDER ADULT TRIPS

#### Piazza Italia

Join us as we head to the BEST Italian restaurant in Portland and enjoy their authentic Italian atmosphere. Fee includes: transport, escort, lunch and gratuities.

Fri. March 13 11a-2:30p \$30 resident/\$38 nonresident

## Willamette Valley Vineyards Wine Tasting & Lunch Trip

We will head down to Salem area for a delicious lunch and then proceed to Willamette Valley Vineyards for a private tour and tasting. Fee includes: lunch, gratuities, private tour, tasting fee, escort, and transportation.

Fri. March 20 11a-5p \$55 resident/\$69 nonresident

# Mt. Hood Railway Mystery Dinner Trip

Dinner is served, with a side of mystery. A classic Murder Mystery unfolds on board with a great cast of characters where audience participation is encouraged. See if you can solve the mystery before the last bite of dessert disappears. Fee includes transportation admission, dinner, and escort.

Sat. April 11 2:45-10p \$100 resident/\$125 nonresident

## Wooden Shoe Tulip Festival & Lunch Trip

Our favorite time of year is when the tulips bloom! We will also enjoy lunch at a local favorite restaurant in the area. Fee includes admission to festival, escort, transportation, lunch, and gratuities.

Thu. April 16 9-3p \$35 resident/\$43 nonresident

#### **Timberline Lodge & Lunch**

Visit Mt. Hood and take a tour of the Timberline Lodge, a 55,000 square foot National Historic Landmark that sits on the south slope of the mountain. Fee includes transportation, lunch, escort, and gratuities.

Fri. May 15 10a-5p \$50 resident/\$63 nonresident

# TUALATIN SPORTS ORGANIZATION CONTACTS

#### **Tigard Tualatin Aquatic District**

www.ttadpools.com 503-431-5655

#### **Tualatin Youth Baseball**

www.eteamz.com/tualatinyouthbaseball/

#### **Tualatin Youth Softball**

www.tualatinsoftball.org/frameset.php info@tualatinsoftball.org

#### **Tualatin Soccer Club**

www.tualatinsoccer.com/frameset.php

#### **Tualatin Youth Foootball**

www.tualatinyouthfootball.org info@tualatinyouthfootball.org

#### **Tualatin Jr. Cheer**

http://tualatinjrcheer.com/

#### **Tualatin Lacrosse Club**

info@tualatinlacrosse.com

#### **Tualatin Rugby**

www.rugbyoregon.com/

## **Tualatin Adult Co-Ed Softball League**

www.leaguelineup.com/tualatin

#### **Tualatin Indoor Soccer**

http://tualatinindoor.com/info@tualatinindoor.com

#### **Tualatin Youth Wrestling**

http://www.tualatinwolfpack.org/

### Three Rivers Youth Basketball Association

www.threeriversyouthbasketball.com pacerhoops.tim@gmail.com

#### **Tualatin Youth Basketball**

www.eteamz.com/tualatinbasketball/ president@tualatinyouthbasketball.com 503.332.4440





WWW.TUALATINOREGON.GOV

#### **TUALATIN RIVER GREENWAY TRAIL**

The Tualatin River Greenway hugs one of the region's most significant and beautiful waterways along the western and eastern parts of the growing community of Tualatin. But in the middle, a crucial .77-mile gap has stymied the full potential of the trail to be a connector and a resource for all the city's 26,000 residents.

Now, that gap will finally be filled, opening new transportation opportunities to residents, employees and visitors to Tualatin. The \$3 million project is funded by a \$1.5 million grant from lottery dollars via the state's ConnectOregon V program, \$750,000 from Washington County's major streets improvement program, \$352,000 from the city of Tualatin and a unique \$600,000 cash donation from a commercial developer whose properties the trail will pass.

The construction, which is going to bid for contractors, could be completed by the winter of 2015-2016, though a short section might be delayed as it awaits the redevelopment of a former RV park into an apartment complex.

"This is one of those rare times [when] there's support everywhere you turn,"

said Tualatin community services director Paul Hennon. Indeed, the city's proposal for state lottery dollars included letters of support from local elected officials, business associations, environmentalists, apartment owners, and park advocates.

The \$600,000 cash donation to build the gap came from CenterCal Properties, a commercial developer who owns several properties in the area, including Bridgeport Village.

CenterCal president Fred Bruning said his company developed its shopping centers in the area with the express purpose of protecting recreational opportunities along the Tualatin River, which flows directly behind their Nyberg Rivers and Nyberg Woods shopping center.

Bruning praised local and regional leadership for making the trail happen. "Connectivity and being able to enjoy nature on a multigenerational scale is something many communities don't think about," he said. The new trail section will provide access to a surprisingly peaceful section of the river, given its proximity to major shopping centers and residential developments, Bruning said. "You won't even see our buildings," he said.

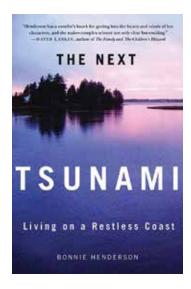
The greenway, which will be 4.5 miles long once the gap is filled, will connect several apartment complexes and neighborhoods east of I-5 with shopping and employment centers to the west. Via the Ki-a-Kuts Bridge across the Tualatin River – one of the busiest trail bridges in the region – the greenway will also provide connections to the Fanno Creek Trail, which thanks to a recent grant from Metro's Regional Flexible Funds program will soon connect to Tigard, and the Ice Age Tonguin Trail, which will eventually link to Sherwood and Wilsonville. A recent \$30,000 grant from Metro's Nature in Neighborhoods program will help install signage to guide trail users.



Article courtesy of Metro News www.oregonmetro.gov

#### TUALATIN HERITAGE CENTER

8700 SW Sweek Dr. 503.885.1926 www.tualatinhistoricalsociety.org



#### The Next Tsunami: Living on a Restless Coast

Bonnie Henderson, author of "The Next Tsunami: Living on a Restless Coast" will share highlights on her look back in history, far beyond the most recent impacts felt in1964 when the Alaska "Good Friday" earthquake damaged our shoreline. Scientists believe tsunamis strike every few hundred years along our Cascadia Subduction Zone. Monthly program sponsored by the Tualatin Historical Society. For information, call 503.885.1926.

Wed. March 4 1p Tualatin Heritage Center Donations accepted

# Knitting and Crochet Workshop

Bring a project or start one. Help is available. All levels welcome.

Fri. March 13, 27, April 10, 24, May 8, 22, 10a-Noon Tualatin Heritage Center Free



#### The Art and Science of the Rice Collection

Coast Guard veteran and videographer Joe Baney reveals little-known facts and photos of Antarctica's unique geology and biology. Joe served on an ice cutter with scientists studying geological features, soils and animal life in a harsh environment similar to the Ice Age conditions experienced here thousands of years ago. Suggested donation of \$3 per adult. Monthly program co-sponsored by Ice Age Flood Institute Columbia Chapter and the Tualatin Historical Society. For information, call Sylvia Thompson at 503.257.0144.

Thu. March 19 7p Tualatin Heritage Center Donations accepted

#### **THS Program**

Program to be announced. For information, call 503.885.1926. Monthly program sponsored by the Tualatin Historical Society.

Wed. April 1 1p Tualatin Heritage Center Free

#### **Massacred for Gold**

Author Greg Nokes will share the story of Chinese goldminers killed by local residents in Hells Canyon and general mistreatment of Chinese immigrants to the Northwest in the 19th century. Monthly program cosponsored by Ice Age Flood Institute Columbia Chapter and the Tualatin Historical Society. For information, call Sylvia Thompson at 503.257.0144.

Thu. April 16 7p
Tualatin Heritage Center
Donations accepted

# History of Oregon Forestry

Mike Cafferata of the Oregon State Forestry Department presents the history of forestry in Oregon. Monthly program sponsored by the Tualatin Historical Society. For information, call 503.885.1926.

Wed. May 6 1p Tualatin Heritage Center Free

#### LOOKING FOR A LOCATION TO HOST YOUR NEXT GROUP GATHERING?

The Community Services
Department has facilities that can
accommodate:

- Birthday Parties
- Graduation Parties
- Baby and Bridal Showers
- Wedding Receptions
- Family Reunions
- Meetings and Banquets
- Quinceanra

#### For more information:

Juanita Pohl Center 503.691.3061 Heritage Center 503.885.1926





#### **Shelter Reservations**

The Community Services Department has five picnic shelters in Tualatin Community Park available to reserve for family gatherings and special events. Advance shelter reservations will be accepted from March 2 through March 20 for shelter use April 1 through October 31. After March 27, shelter reservations will be on a first come first serve basis. For more information please call 503.691.3061.



Reservations are accepted at: Juanita Pohl Center 8513 SW Tualatin Rd

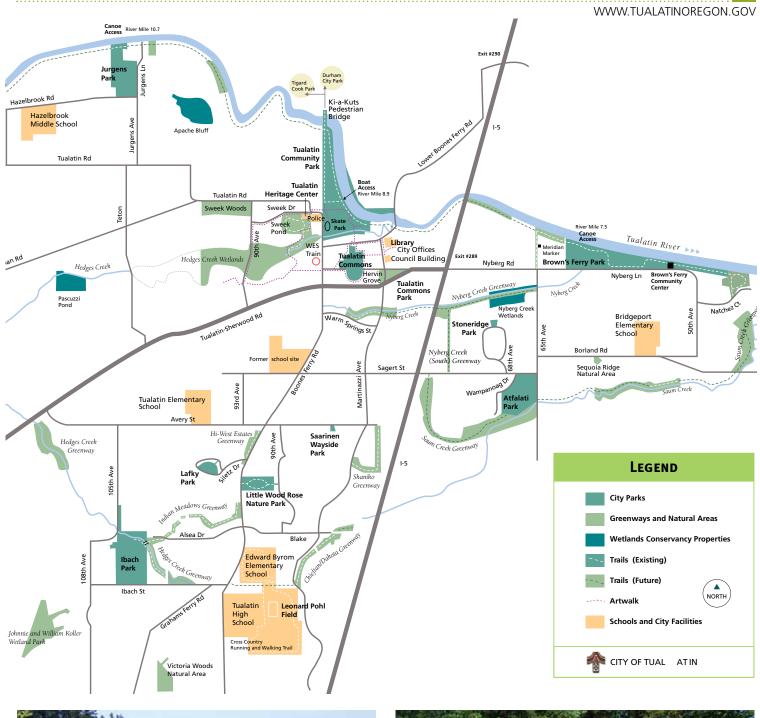
		Accessible Facility	Basketball Courts	Boat Ramp	Canoes/Kayaks	Community Center	Interpretive Signs	Lawn Area	Natural Area	Pathways	Picnic Shelters	Picnic Tables	Playgrounds	Restrooms	Sports Fields	Swimming Pool	Tennis Courts	Track/Running Trail	Water Play/Fountain	RIVET
TUALATIN'S PARKS	Acres																			Judlatin River
ATFALATI PARK 6600 SW Sagert Street	13.27	•	•				•	•	•	•		•	•	•	•		2			
BROWN'S FERRY PARK 8855 SW Nyberg Lane Brown's Ferry Community Center	28.33	•			•	•	•	•	•	•	•	•		•						
BACH PARK 0455 SW Ibach Street	19.40	•	•				•	•	•	•	•	•	•	•	•		2		•	Tualatin River Greenway
URGENS PARK 7255 SW Jurgens Avenue	12.15	•			•			•	•	•	•	•	•	•	•		2		•	Pacific Dr Hurr ogh
AFKY PARK 655 SW Siletz Drive	2.00	•	•					•		•		•	•							124th Ave
ITTLE WOODROSE NATURE PARK 1045 SW 90th Avenue	6.55	•							•	•										Tualatin River National Widilfe Refuge
AARINEN WAYSIDE PARK 0535 SW 86th Avenue	.06	•							•	•										National Widlife Refuge
TONERIDGE PARK 9489 SW 68th Avenue	.23							•		•		•	•							
WEEK POND 700 SW Sweek Drive • Tualatin Heritage Center	4.68	•				•	•		•	•		•								
UALATIN COMMONS 325 SW Nyberg Street	5.17	•						•		•		•		•					•	
UALATIN COMMONS PARK 880 SW Nyberg Street	.64	•						•		•		•								
UALATIN COMMUNITY PARK 515 SW Tualatin Road Community Services Administratic Juanita Pohl Center Lafky House Van Raden Community Center	27.11 on Offices	•	•	•	•	•	•	•	•	•	R R-r	• eserv	eable	•		hted	2L			
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YROM ELEMENTARY SCHOOL 1800 SW 91st Avenue		•	•					•		•	•		•		•			٠		
UALATIN ELEMENTARY SCHOOL 0405 SW 95th Avenue		•	•					•		•	•		•		•					
AZELBROOK MIDDLE SCHOOL		•	•					•		•	•				•			•		
UALATIN HIGH SCHOOL 2300 SW Boones Ferry Road		•	•		•			•		•				•	•	•	6	•		
TUALATIN PUBLIC LIBR	ΛDV	_,					en d													

#### **Park Highlight: Tualatin Community Park**

The City's original park, Community Park is situated along the scenic Tualatin river. Enjoy a variety of recreational amenities including the City's only reservable picnic shelters, a popular skate park, sports fields, tennis, basketball, and pickleball courts, a dog park, and river access. Stroll through a stand of 100-year old trees, or along paved and gravel paths. The playground, inspired by the nearby railroad and Tualatin River, is a great place for families to gather while children dig in the sand and operate a child-activated stream.











PRSRT STD U.S. POSTAGE PAID TUALATIN, OREGON PERMIT NO. 11



SAVE THE DATE!
SATURDAY, JUNE 6, 2015
Tualatin TRYathlon
WWW.TUALATINOREGON.GOV/RECREATION